

CHEERSPORT

CHEER RULES & GUIDELINES

Performance Floor

All teams compete on a 54 ft. x 42 ft. AAI Power Spring Deck spring floor. 9 Strips – Carpet Bonded Floor with border. Tabs mark center front and back. White lines mark the border - there is no out-of-bounds.

Routine / Music Guidelines

- 2 minutes 30 seconds maximum for routine
- 2 minutes 30 seconds maximum for music

Props and Staging

All staging, special effects, props or any items that may damage or otherwise alter the performance floor or environment are prohibited. You must be able to move the entire team and props onto the stage and off of the stage within 10 seconds.

- Flags, banners, signs, pom poms, pieces of cloth, and megaphones are the only props allowed.

Inappropriate Choreography / Music / Uniforms

A 10 point deduction off of the total score on the first offense and/or a 20 point deduction off for the second offense will be given for any vulgar or suggestive movements (such as hip thrusting, inappropriate touching, slapping or positioning to one another), words or music (removing improper language and replacing with sound effects or other words are still considered inappropriate). Routines must be appropriate for family viewing and listening. If you have any questions about your music you may email your music to the CHEERSPORT office for approval. Costumes / uniforms must be age appropriate and appropriate for family viewing. Each performer is required to take necessary steps prior to and during the performance to avoid inappropriate exposure.

A 10 point deduction off of the total score for the first offense and a 20 point deduction off of the total score for the second offense on the second day will be assessed for faulty uniforms which may cause inappropriate body exposure. All penalties will be given at the discretion of the Head Judge.

- When in question please send in video for approval. All videos must be received by the CHEERSPORT office to be reviewed by February 8, 2009 - For Nationals.

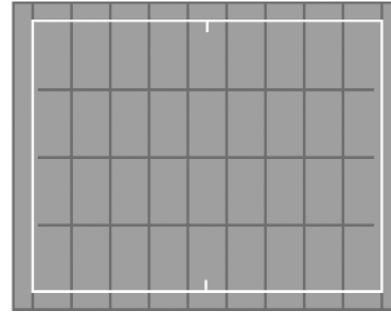
Sportsmanship

Squad members, coaches, parents and/or spectators will support competition and outcome in a manner representing their programs with integrity and respect. Programs demonstrating unsportsmanlike conduct may be assessed a penalty and/or disqualified.

Rulings

CHEERSPORT is open to suggestion and will accept concerns if handled in a calm, respectful manner. At anytime during a CHEERSPORT event, Competition Director(s) have authority to rule on any issue of protest, penalty, or disqualification not specifically covered in rules.

54 feet



42 feet

Compliance with Legality

Developed by CHEERSPORT in 1995, the LevelPlay system has helped to promote the development and safety of cheerleading as a competitive sports activity. LevelPlay served as the foundation for the original USASF Level Rules. As USASF continues to update their LevelPlay Rules, CHEERSPORT's LevelPlay guidelines will be updated to remain in full compliance with USASF guidelines.

By giving the coach the opportunity to choose the level of their athletes, the coach accepts the responsibility for knowing the guidelines, rules and restrictions. Penalties will be assessed when these guidelines are not followed.

- If a team performs a skill that is outside of the LevelPlay division guidelines for their division, that team will be assessed a 10 point penalty for the first offense and 20 points for the same offense for the second time.
- If a team receives a warning on day one and does the same skill on day two they may receive another warning or a 20 point penalty. We recommend changing skills that receive warnings on day one.
- If a team performs a skill outside of the LevelPlay division guidelines for their division and it is missed on day one but seen on day two a 10 point penalty will be assessed on day two.
- If a team changes their routine from day one to day two and performs a skill outside of the LevelPlay division guidelines for their division a 20 point penalty will be assessed on day two.

At Nationals all LevelPlay Safety Infractions are video reviewed and agreed upon by three different LevelPlay Judges.

Team Member Count Confirmation

In order to ensure each teams' compliance with the division team size guidelines, CHEERSPORT counts the number of competitors on the floor during each performance. During event registration, team sizes are reviewed for a final time with coaches. Any team found to have more competitors on the floor than they confirmed at registration may be assessed a penalty.

LevelPlay / Divisions

To learn more about LevelPlay and Divisions, please visit www.CHEERSPORT.net. For specific questions, please contact Julie O'Brien at julie.obrien@cheersport.net.