

CHEERSPORT Coaches Information Packet

1. CHEERSPORT requires Team Rosters and a signed Medical Release Form for each participant. **Please mail them to our office at 11010 Monroe Road, Suite B, Matthews, NC, 28105.** If you have not mailed these forms to the CHEERSPORT office, please bring the completed forms with you to Registration at the event. We will check the forms at Registration to verify that all participants listed on a Team Roster have a signed Medical Release Form. In order to speed up the registration process, please have your Medical Release Forms in order of how the names are listed on your Team Roster. Team Rosters and Medical Release Forms may be found on our website.

CHEERSPORT is part of the Varsity Family Plan, however, we aren't owned by Varsity and still require Medical Release Forms, even if your gym is part of the Varsity Family Plan.

2. Don't forget to review our CHEERSPORT Cheerleading Grid and Percentage chart! This information is also located on our website. Please visit the USASF website to review rules for each level. If you have any questions about the Cheerleading Grid, Percentage Chart, or LevelPlay, please call Julie O'Brien at 1.888.READY-OK (732-3965) ext. 245.

3. Each schedule includes a "Doors Open" time that indicates the earliest time in which any person will be allowed access to the facility. The doors open 90 minutes before the first team's competition time. Please plan your team meeting times with this in mind and please make sure that your team parents and spectators know this.

4. The Competition Director is responsible for ensuring that each CHEERSPORT competition runs in a safe and orderly manner that is consistent with established rules, guidelines, and policies. The Competition Director has the final authority on any and all issues, questions, and problems that may arise at CHEERSPORT competitions. The Competition Director can be found at the Judge Stand.

5. CHEERSPORT does not charge admission, however, the facility may charge for parking.

6. The competition schedule will be online at www.CHEERSPORT.net by 5:00pm the Monday prior to the event. CHEERSPORT provides FREE schedules at the event. We also encourage parents and coaches to print a schedule prior to the competition.

7. All Programs and Teams must check-in at Registration at the beginning of the event. Coaches will receive a detailed Warm Up Schedule at Registration. We prefer that one representative register all teams from their program.

8. CD's & iPods are accepted for music. Please bring 2 copies of your routine music to the music stand. If you experience technical difficulties with your music (i.e. CD skips, etc.) it will be the coach's discretion to stop the routine. If the coach chooses to stop the routine, the routine will be judged up to the point the coach stopped the routine. The team will be rescheduled to

perform the remainder of the routine within 10 minutes. During the 2nd performance, the team will start at the point the coach stopped the routine. If the coach does not stop the routine at the point of technical difficulties, the team will not have the option to perform again.

9. CHEERSPORT competitions run on time. Once the schedule is set, we must stick to it to provide the best experience for all teams. We understand that sickness and injuries occur. In order to have your team compete at their scheduled time, we are more than happy to give you extra warm up time. Please let the person at Registration know if your team will require extra time to be able to compete at their scheduled performance time.

10. Coaches, parents, or other cheerleaders within your organization are welcome to spot their teams during competition. Spotters are not allowed to assist stunts; they are only allowed to catch when a stunt falls. The judges will not penalize the competing team for using spotters unless the spotters interfere with the routine.

11. CHEERSPORT will have two medical trainers at all events. One trainer is stationed in Warm-Up, the other trainer watches the competition floor at all times to handle any injuries during a performance.

12. CHEERSPORT is excited to provide priority seating at all events for coaches and spectators. Please enter the priority seating area on one side, and exit on the other when it is time for your team to perform. Follow the directional signs so priority seating flows for each team.